



HSE Emergency First Aid at Work

Length of course: *1 day*

Is this the right course for me?

The Emergency First Aid at Work course is ideal for low-risk environments such as offices and shops and/or organisations with fewer than 100 employees. Successfully completing an EFAW course will enable the candidate to act as a first aider in the workplace.

Pre-Course Requirements

There are no formal requirements for learners who want to take this qualification.

What will I learn?

The qualification covers the following topics:

- Roles and responsibilities
- First aid incidents
- Unconscious casualties
- Cardiopulmonary resuscitation
- Choking
- Bleeding
- Shock
- Minor injuries

How will I learn?

You will learn through practical demonstrations and practice sessions..

Will I gain a qualification?

Learners who successfully complete this course, including the practical assessments will receive a HSE approved certificate valid for three years.

What can I do next?

A more advanced first aid course.

CIEH Health & Safety in the Workplace

Other course information can be found on www.nextstep.org.uk or with a NEXT STEP advisor.

What do I need to bring to the classes?

Pen and paper. It is advisable to wear comfortable clothing for practical sessions. All other resources are provided.

Can I talk to someone about my course before I start it?

It is usually possible to put you directly in touch with the tutor if a member of the skillscentre:mk team cannot answer your query.

If you need to contact us:

01908 398111

jackie.small@skillscentremk.co.uk

skillscentre:mk
24 Silbury Arcade
Central Milton Keynes
MK9 3ES