



Neurolinguistic Programming – Improvers

Length of course: 1 day

Is this the right course for me?

You should already have some previous knowledge of NLP. If you sometimes find it hard to effectively communicate with others to get a desirable outcome or you aspire to help and coach others in a way that changes lives, then this could be the workshop for you.

Pre-Course Requirements

Neurolinguistic Programming – An Introduction should be attended before completing this workshop.

What will I learn about?

On completion of this interactive workshop, participants will be able to:

- . Assess the effect on how different people perceive the world differently
- . Differentiate their approaches to different people, customers, colleagues etc.
- . Apply rapport building techniques using all senses to the maximum
- . Use self management techniques to be able to shift into a desirable state of mind

How will I learn?

You will learn through interaction with other members of the group and participation in fun exercises.

Will I gain a qualification?

You will not gain a formal qualification but you may receive a Certificate of Attendance and Achievement from your tutor.

What can I do next?

Higher level Neurolinguistic Programming courses.

Other course information can be found on www.nextstep.org.uk or with a NEXT STEP advisor.

What do I need to bring to classes?

Note pad and pen.

Can I talk to someone about my course before I start?

It is usually possible to put you directly in touch with the tutor if a member of the skillscentre:mk team cannot answer your query.

If you need to contact us:

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